

RELAX, REFRESH, RENEW ... AGAIN!



North East Thames Quaker Annual Gathering

High Leigh Conference Centre

Friday 3rd to Sunday 5th April 2020

Arrivals: Friday 5.00pm – 6.30pm

Departures: Sunday 4.00pm

High Leigh Conference Centre

Hoddesdon, Herts EN11 8SG

<http://www.cct.org.uk/highleigh/introduction>

Welcome!

Good to see you again ... and good to see you if we haven't seen you before!
2020 is a DIY year and our theme is *relax, refresh, renew ... again!*

We would like the programme to reflect this aim and welcome any offers to lead sessions.

We will not have a speaker and hope that Friends will contribute sessions both for adults, mixed ages and children.

Contact Liz Ingham (details below) if you can provide or assist in a session.

Saturday after lunch until 4.00pm is free time.

John Warner swimming pool has activity time for children.

The Lee Valley Boat Centre has boats to hire.

Bicycles can also be hired in the Lee Valley.

Sometimes an ad hoc group of **walkers** can be formed to walk around the area and grounds.

There is a nearby **RSPB bird** reserve.

On Saturday after the evening meal, there will be entertainment including a barn-dance band and dancing.

Please note that, as this is a DIY year, children are their parent/guardian's responsibility at all times.

COST (PER PERSON) FOR ADULTS

Full weekend £140

Saturday only £70

Sunday only £50

Overseers have kindly agreed to fund children aged 0-18

Places are limited and on a first come first accepted basis.

Deadline for bookings is 31.12.19

Cheques may be post-dated to 20.03.20

Payments by BACS welcome (see overleaf)

Please send the completed booking form (overleaf) to the High Leigh Treasurer:

Liz Ingham, 4 Watlington Road, Harlow, Essex CM17 ODX

NB: The accommodation may be considered quite basic with shared bathrooms.

En-suite rooms are available based upon need.

Some like to bring a hot water bottle. A torch or bedside lamp might be handy as there is only overhead lighting.

Towels and bedding are provided.

Please bring clothes to suit all weathers, as April can be unpredictable.

Don't let the cost put you off!

If applying for financial assistance, speak to your Local Meeting Overseer before 31.12.2019. You will need to complete a Form A or Form B, which will be supplied and signed by your Overseer.

Please send your booking form *before this*, however, to ensure your place.

BOOKING FORM

Name/s	Age if 18 or under	Dietary requirements	Can you run or help with a child, adult or all age session? What could you offer?

Address

Phone number

Email

Local Meeting

I expect to arrive at

A limited number of en-suites are reserved for those with particular needs. If we have insufficient single rooms would you consider sharing a twin room and, if so, with whom? If booking as a group or family please indicate your preferred arrangement eg family room / 2 twin rooms etc and whether a cot is required.

.....

Please contact the Treasurer, **Liz Ingham**, on **acl110899@aol.com** or **01279 415559** for further information if needed and with offers of items for the programme.

Cheques are payable to **North East Thames Area Quaker Meeting – High Leigh** (these may be post-dated to 20.03.20).

Payment by BACS is welcome: please email the Treasurer for account details.

Your place will be confirmed by email, or by phone if no email address given.

Amount enclosed £.....

Data Protection: your details are kept in accordance with the Privacy Policy of North East Thames Area Meeting and will only be used for the purpose of administration for the High Leigh weekend.